

Level 1 Interview Briefing

Please read over this document in preparation for a short test during your interview:

Professional code of conduct:

As a Beauty therapist you must ensure that you follow a strict dress code as follows:

- **Clean ironed uniform**
- **Closed toe flat shoes**
- **Hair tied up**
- **Day make up**
- **Short unvarnished nails**

Desired personal qualities of a therapist

- **Polite**
- **Makes eye contact**
- **Smiles**
- **Good Communicator**
- **Listens**
- **Punctual**

It is important for a therapist to maintain good personal hygiene as follows:

- **Ensure you wash daily, and yours hands before and after each clients**
- **Ensure you wear body spray**
- **Ensure your breath is fresh (particularly after food or smoking)**
- **Ensure hair is washed and tied up.**

It is important to be aware of current legislation regarding your work place. As a beauty therapist we have to ensure that our workplace provide, and that we use Personal Protective Equipment (PPE) an example of this would be:

- **Disposable Gloves – to ensure we do not have cross contamination between therapist and client**
- **Uniform – so we do not ruin our personal clothing and to ensure hygiene**
- **Disposable mask – to protect therapist if dealing with any harmful fumes and also to stop the spread of infection from therapist to client e.g. cold.**