

FIX YOUR BIKE



A bike repair station is located next to the cycle parking. There are puncture repair kits available to borrow from reception.

Free Dr Bike sessions are organised across the Edinburgh College in autumn and spring.

To find out more about dates keep an eye on noticeboards or contact Sustainability Team.



CYCLE SAFE

A few tips to help you stay safe while you cycle:

- Be seen on the road (have lights and high visibility clothing)
- If you don't feel confident, think about additional training (contact Sustainability Team)
- Read Highway Code rules for cyclists and learn about your rights
- Always lock your bike

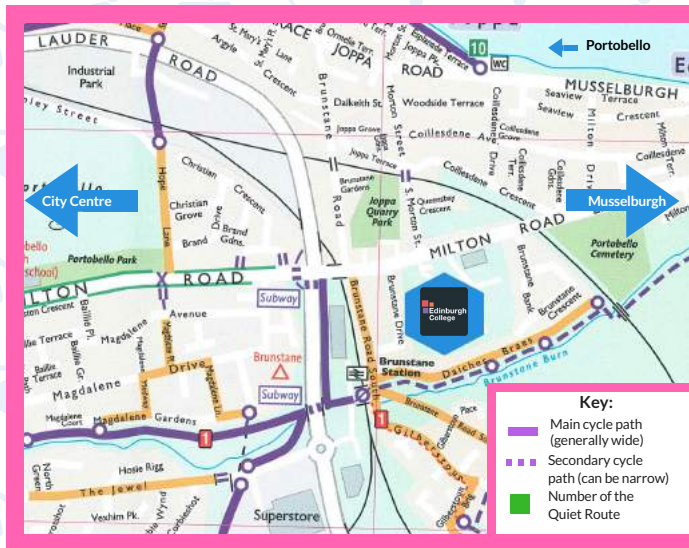
ROUTES TO THE CAMPUS

Milton Road Campus is located close to the Cycle Network:

- National Cycle Route 1 links City Centre with Musselburgh
- Connected to Portobello Promenade (10) by network of quiet routes
- ... you can plan your own route using:



www.cyclestreets.net



TRAVEL ACTIVE AT MILTON ROAD

Follow us



@ECsust

Improvements around Edinburgh College were supported by:



WHY CYCLE?

Saves on fuel and parking

Makes you happy!

Keeps you fit and healthy

Cuts your carbon footprint

GETTING A BIKE

When thinking about getting a new bike make sure you get the right size of frame and type of bike which will best suit to your needs.

If you want to buy a second hand bike, check the Bike Station. Their bikes can cost as little as £65!



CYCLE FACILITIES



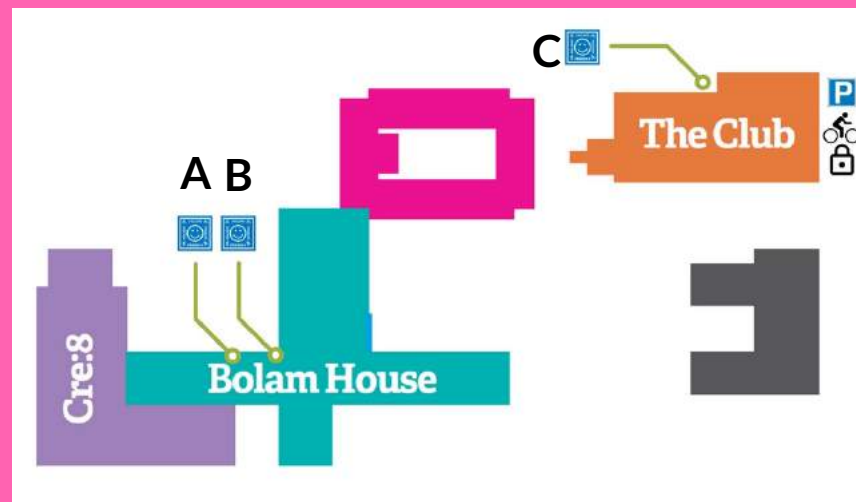
Cycle parking is located at the main entrance to Edinburgh College in front of the Club.

Secure cycle storage is available only for registered students and staff. To obtain access contact: sustainability@edinburghcollege.ac.uk



A limited number of lockers are available to cyclists and can be hired for a year for £10 returnable deposit. To register contact: sustainability@edinburghcollege.ac.uk

Look for Active Travel Friendly label ! Facilities with this sign are suitable for changing.



Active Travel Friendly Facilities locations:

Bolam House - Changing only:
A - Accessible Toilets at levels 0-2
B - Large cubicles in female toilets at levels 0-2

Showers:
C - Accessible Toilets at level 2 (room 2-33C) & 3 (room 3-09C) in the Club

YOUR GUIDE TO ACTIVE TRAVEL

AT EDINBURGH COLLEGE

JOIN THE MOVEMENT!

Love walking/running/cycling?
Looking for new challenges?

Volunteer as an Active Travel Champion!
Contact Sustainability Team to find out more.

Follow us



@ECsust